

**Title of the Event:** YOGA CLASSES

**Organized by:** IQAC in collaboration with Physical Education Dept

**Date:** 14<sup>th</sup> to 31<sup>st</sup> May, 2020

**Number of participants:** 40+

IQAC in with collaboration with the physical education department organized online yoga classes under supervision of the college yoga coach Mr. Shivraj Singh from 14 to 31 of May 2020, from 5 to 6 pm. In this a total of 40 students and college staff participated and improved their health through yoga.

